

# Summer 2022 VB Schedule

Open gyms are open to girls & boys- all grades

Weight room workouts are open only to 10-12th graders

(Any changes to the schedule will be communicated via email)

## JUNE

<u>13</u>	<u>14</u> 5:30-7 (open gym)	<u>15</u> 5:30- 7 (open gym)	<u>16</u>	<u>17</u>
<u>20</u> 10-11 (weight room) 11-1 (open gym)	<u>21</u>	<u>22</u> 10-11 (weight room) 5:30-7 (open gym)	<u>23</u> 10-11 (weight room)	<u>24</u>
<u>27</u> 10-11 (weight room) 11-1 (open gym)	<u>28</u> 5:30-7 (open gym)	<u>29</u> 10-11 (weight room)	<u>30</u> 10-11 (weight room)	<u>7/1</u>

## JULY

(July 4th - July 15th OFF)

<u>18</u> 10-11 (weight room)	<u>19</u>	<u>20</u> 10-11 (weight room)	<u>21</u> 10-11 (weight room)	<u>22</u>
<u>25</u> 10-11 (weight room) 11-1 (open gym)	<u>26</u>	<u>27</u> 10-11 (weight room) 5:30-7 (open gym)	<u>28</u> 10-11 (weight room) 11-1 (open gym)	<u>29</u>

## AUGUST

<u>1</u> 10-12 (open gym) 12-1 (weight room)	<u>2</u>	<u>3</u> 10-11 (weight room) 5:30-7 (open gym)	<u>4</u> 10-11 (weight room)	<u>5</u>
<u>8</u> 10-11 (weight room) <b>3:30-5:30 Varsity Tryouts</b>	<u>9</u> 1-2:30 (frosh/soph & JV open gym) <b>3:30-5:30 Varsity Tryouts</b>	<u>10</u> 10-11 (weight room) <b>3:30-5:30 Varsity Tryouts</b>	<u>11</u> 10-11 (weight room) 11-12:30 (frosh/soph & JV open gym) <b>TBD: Varsity practice</b>	<u>12</u> <b>TBD: varsity practice</b>
<u>15</u> 1-3 Varsity practice* 3:30- 5 JV & frosh/soph tryouts	<u>16</u> 1-3 Varsity practice* 3:30- 5 JV & frosh/soph tryouts	<u>17</u> 1-3 Varsity practice* 3:30- 5 JV & frosh/soph tryouts	<u>18</u> All 3 teams will practice, times TBD	<u>19</u> Home game VS. Head Royce 4:30 JV 5:45 Varsity

\*Practice times subject to change